

Q.U. UNDERGRADUATE DEGREE REQUIREMENTS - BONAVENTURE AND MAJOR

B. S. EXERCISE SCIENCE - HUMAN PERFORMANCE CONCENTRATION (120 HRS)

CATALOG YEAR: 2020-2021

DATE AA / AS AWARDED _____

NAME _____ ID# _____

BONAVENTURE PROGRAM

A. University Courses

	Grade	Credit	IP/Sem*
(0-6 hours)			
Diversity course (D:)* (PED 456)®	_____	0	_____
Global course (G:)* (SPM 460)®	_____	0	_____
BPP 410 - Bonaventure Program Portfolio	_____	0	_____

*D/G courses-one needs to be at the 100 level and one needs to be at the 200 level or higher). Global course will be waived if student has spent one semester abroad.

D/G Courses can be counted both here and in the major or with electives outside the major.

B. Written/Oral Communication

(9 hours)

ENG 111 W: Composition	_____	3	_____
ENG 112 W: Composition & Texts	_____	3	_____
COM 101 Fund of Public Speaking	_____	3	_____

WRITING-ENRICHED COURSES

MGT 300 PED 345 PED 454

C. Philosophy/Theology/Ethics

(9 hours)

TRS 116 G: Western Rel Traditions®	_____	3	_____
Transfer students with 24 credit hours may take any theology course for TRS 116			
Theology _____®	_____	3	_____
Philosophy _____	_____	3	_____
Ethics courses (E:) (SPM 450)®	_____	0	_____
(E: course has to be at 300 level or above)			

D. Humanities/Fine Arts

(6 hours)

Eng Literature-200 level or above	_____	3	_____
Art, Music or Theatre	_____	3	_____

E. Social Sciences

(9 hours)

PSY 100 Intro to Psychology®	_____	3	_____
ECO 222 Macroeconomics®	_____	3	_____
History _____	_____	3	_____

F. Natural Sciences/Mathematics

(12 hours)

BIO 282 Anatomy & Physiology I®	_____	4	_____
CHE 125/CHE 150 Chemistry®	_____	4/5	_____
MAT 125 College Algebra	_____	3	_____

* One Science course needs a lab

G. MAJOR REQUIREMENTS

(37 hours)

	Grade	Credit	IP/Sem*
PED 106 Strength Training	_____	2	_____
PED 200 Intro to Athletic Training	_____	3	_____
PED 236 First Aid/CPR	_____	2	_____
PED 246 Exercise Techniques	_____	3	_____
PED 301 Sport & Exercise Nutrition	_____	3	_____
PED 340 Rhythms and Dance	_____	3	_____
PED/SCI 344 Kinesiology	_____	3	_____
PED/SCI 345 W:Physiology of Exercise	_____	3	_____
PED 380 Principles of Strength & Cond.	_____	3	_____
PED 454 W: Exercise Assessment	_____	3	_____
PED 455 Program Design	_____	3	_____
PED 456 D: Special Populations	_____	3	_____
PED 460 Personal Training Practicum	_____	3-6	_____

Grade of "C-" or higher required in all PED courses

H. REQUIRED SUPPORT COURSES

(37 hours)

SPM 240 Intro Phys.Activity & Sport Mgmt.	_____	3	_____
SPM 264 Intro. to Sport Psychology	_____	3	_____
SPM 350 Facilities Management	_____	3	_____
SPM 351 Sport Marketing	_____	3	_____
SPM 430 Sport Law	_____	3	_____
SPM 450 Sport Ethics	_____	3	_____
SPM 460 G: Globalization of Sport	_____	3	_____
MGT 300 W:Principles of Management (FA)	_____	3	_____
MGT 301 Small Business Management	_____	3	_____
BUS 215 Business Law	_____	3	_____
BUS 219 Personal Finance	_____	3	_____
BIO 283 Anatomy and Physiology II	_____	4	_____

I. ADDITIONAL ELECTIVES

(100-400 level) (up to 10 hours may be PED) (to total 120)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Check with your advisor for scheduling changes.

39 UPPER LEVEL HOURS (300-400) ARE MET BY MAJOR

®Required: not waived with AA/AS Degree

#Grade of "C" or higher required

UNDERGRADUATE DEGREE REQUIREMENTS

QUANTITATIVE AND RESIDENCY

- Complete ≥ 120 SH
- Complete ≥ 39 SH at the 300-400 course level
- Meet major requirements as set in Academic Catalog
- Complete ≥ 27 SH at 200-400 level with ≥ 21 SH at QU
- Complete ≥ 30 SH in residency with ≥ 21 SH in major
- Transfer students must have ≥ 56 SH at a 4-year institution

QUALITATIVE

- A minimum cumulative GPA of 2.0 in all classes
- A minimum GPA of 2.0 in major and/or minor courses

TRANSFER STUDENTS WITH A.A. OR A.S. DEGREE

All Bonaventure Program courses are fulfilled with the exception of any two 3 SH TRS, a 300 level Ethics (E:) course, a Diversity (D:) course, a Global (G:) course, two writing-enriched (W:) courses, and any other major requirements.

SERVICE LEARNING REQUIREMENTS

Students must complete 30 hours of service learning, except students who have transferred 24 to 47.9 SH must complete 20 hours, or 48 or more SH must complete 10 hours.

